

## Checklist...

Children need to bring well-labelled bags and gear on a daily basis, including the following items:

- ✓ Bagged, litter-less lunch without peanut products (Campers will have use of a microwave and refrigerator)
- ✓ Snacks
- ✓ Refillable water bottle
- ✓ Light jacket or sweater for cooler mornings
- ✓ Large brimmed hat for sun protection
- ✓ 1 pair of running shoes (no Crocs or sandals please)
- ✓ Rain gear (coats, pants and boots) for wet days
- ✓ Sun screen (choose one that is 30 SPF or higher)
- ✓ Insect repellent
- ✓ Swimsuit, towel, and change of clothes (to be left at camp on Monday just in case we have water activities planned during ANY day)

### *Please DO NOT bring:*

Open-toed shoes, gum, knives, flashlights, video games, cell phones or MP3 players



**GANARASKA REGION  
CONSERVATION AUTHORITY**  
2216 County Road 28  
Port Hope, ON L1A 3V8  
905.885.8173

info@grca.on.ca  
www.grca.on.ca



# 2019

*Nature Nuts  
Summer Camp*



*Camp*  
**CHECKLIST**



Dear parents,

Campers will get dirty during activities and may get paint on their clothes during arts and crafts time. Our camp uses both acrylic and water based paints, which may unfortunately not wash out easily, if at all. Campers are recommended to have an old adult sized t-shirt to put over their clothes during arts and crafts sessions. Campers should wear clothes that can get soiled – clothes damaged at camp are the sole responsibility of the parent and will not be replaced by the Ganaraska Region Conservation Authority (GRCA).

Camp **starts at 8:45 am** and **ends at 4:00 pm** each day – please arrive between 8:30 and 8:45 am, and pick up your child promptly at 4:00 pm. There will be additional fees for early drop-off and late pick-up.

We are looking forward to another great summer of camp! If there are any questions, comments or concerns, please do not hesitate to contact me. We want to ensure the safety and well-being of every camper and make sure that every child has the time of their life!

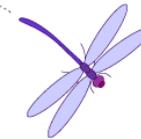
Sincerely,

Meghan, Ryan, Aaron  
Nature Nuts Summer Camp Instructor

Ganaraska Region Conservation Authority  
905.797.2721 (September-June)  
905.885.8173 (July-August)  
education@grca.on.ca

## GENERAL & BEHAVIOURAL Policies

1. All campers must be treated with respect and kindness, both by instructors, directors, volunteers, and fellow campers. If a camper is verbally or physically abusing another camper or instructor, the child will be asked to leave Nature Nuts Summer Camp with no refund issued.
2. Campers are expected to be prepared to go outside every day. If it is raining or a little cold we will still be outside. Please ensure that your child is dressed properly.
3. We are a peanut-free camp. Please ensure your child does not bring any food containing any type of nut or nut product.
4. Each morning you must accompany your child into the Millennium Building (**2216 County Road 28, Port Hope**) for sign-in purposes. At pick up time a child will not be released into any adult's care until that adult signs their child out. If someone other than the parent/guardian is picking up a camper, written authorization must be provided in advance to one of the Summer Camp Staff.



## TRIP DAY! Every Friday

Campers will enjoy a trip day every Friday to one of the many local venues in our area. We will be travelling by bus from the Millennium Building in Port Hope at the Ganaraska Region Conservation Authority administrative office. The bus will leave at 9:00 am and return at 4:00 pm to the Millennium Building for pick up by parents/guardians.

### PICKUPS

Children cannot leave the camp unless parents have signed the camper out by signing the **SIGN IN/OUT** binder located on the front desk inside the main camp doors.

